### **EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP)** CYS SERVICES EPILEPSY/SEIZURE MEDICAL ACTION PLAN

For use of this form, see AR 608-75; the proponent agency is ACSIM.

(To be completed by a licensed Health Care Provider)

AUTHORITY:	10 U.S.C. 3013, Secretary of the Army; 29 U.S.C. 794, Nondiscrimination Under Federal Grants and Programs; DoDI 1342.17 Family Policy; AR 608-75, Exceptional Family Member Program; DoDI 6060.02, Child Development Programs; AR 608-10, Child							
PRINCIPAL PURPOSE:							Exceptional Family	
ROUTINE USES:	Member Program and Child, Youth and School Services Programs.  The DoD "Blanket Routine Uses" that appear at the beginning of the Army's compilation of systems of records apply to this system.							
DISCLOSURE:	Disclosure of requested information is voluntary; however, if information is not provided individual may not be able to utilize Army Child, Youth and School Services.							
Child/Youth's Name			Date of Birth	Date	Sponsor I	Sponsor Name		
Sponsor/Guardian Phone Number Health Care Pro			ider			Health Care P	Health Care Provider Phone Number	
EPILEPSY/SEIZURE PLAN								
Epilepsy/Seizure Diagnos			Child/Youth	's age at diagnosis	Frequency of seizures	s over the last 12 months		
Current Treatment Regime	ent							
EPILEPSY/SEIZURE SYMPTOMS								
Lip Smacking				Stiffness				
Eye Rolling	Shallo	w Breathing	Froth fro	om Mouth	Loss of	Loss of Consciousness		
Staring	Staring Twitching			Thrashing/Jerking Other:				
History of Febrile Seizures (explain)  EPILEPSY/SEIZURE MEDICATIONS								
Medication (as directed on prescription label)								
Form Febrile Seizures temperature of call Parent for Pick-Up.								
Medication for immediate use in case of seizure as directed on prescription label. (May require an exception to policy)								
NOTIFICATION/CONSENT								
Parent's signature gives permission for CYS Services personnel who have been trained in medication administration by the APHN/CYS Services Nurse to administer prescribed medicine and to contact emergency medical services if necessary. I also understand my child/youth must have required medication with him/her at all times when in attendance at CYS Services programs and must be approved by a licensed health care provider to self-medicate. My child/youth has been instructed on the proper way to use his/her medication. S/he understands not to share medications. Licensed health care providers authorized to provide approval are doctors of medicine (MD), osteopathic physicians (DO), certified registered nurse practitioners (NP), or certified physician's assistants (PA). If these guidelines are violated, CYS Services privileges may be restricted or revoked. Rescue medication must be on hand during all CYS Services Programs. CYS Services staff/providers are to notify parent/guardian immediately if medication is given.								
I agree with the plan out Name of Parent/Guardian				Doront/Cuo	rdian Cianatura		D-4- ()000/444DD)	
Name of Parent/Guardian				Parent/Gua	rdian Signature		Date (YYYYMMDD)	
Name of Youth (if applical	ole)			Youth Signa	ature <i>(if applicable)</i>		Date (YYYYMMDD)	
Stamp of Health Care Pro	vider			Health Care	Provider Signature		Date (YYYYMMDD)	
Name of Army Public Hea	Ith Nurse				: Nurse Signature		Date (YYYYMMDD)	
FOLLOW-UP  This Epilepsy/Seizure Medical Action Plan must be updated/revised whenever medications or child/youth's health status changes. If there are no changes, the								

Medical Action Plan must be updated every 12 months.

### CYS SERVICES EPILEPSY/SEIZURE MEDICAL ACTION PLAN

### **EMERGENCY RESPONSE**

- Administer rescue medication as prescribed
- Stay with child/youth
- Contact parents/guardian

# IF THIS HAPPENS **GET EMERGENCY HELP** NOW!

## CALL<sub>112</sub> /Emergency **Medical Services** \*

- Hard time breathing with:
  - O Chest and neck pulled in with breathing
  - O Child/Youth is hunched over
  - O Child/Youth is struggling to breathe
- Trouble walking or talking
- Stops playing and can't start activity again
- Lips and fingernails are gray or blue

### **MEDICATIONS**

For a child/youth requiring rescue medication, the medication is required to be at program site at all times while child/youth is in care. For youth who selfcarry and administer their own medications, medication must be with the youth at all times. The options of storing "back up" rescue medications at program is available.

### **FIELD TRIP PROCEDURES**

Rescue medications should accompany child/youth during any off-site activities.

Staff members on trip must be trained on rescue medication use and this health care plan.

This plan must accompany the child/youth on the field trip.

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